

## Dental Benefits Availment Procedures

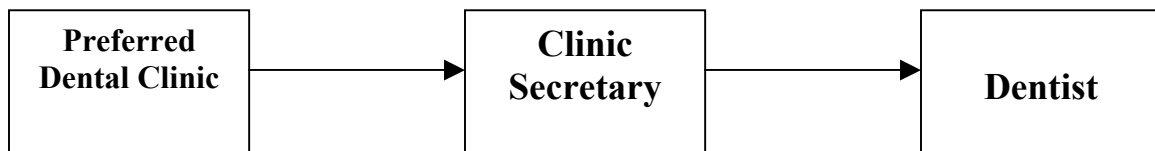
### PREFERRED DENTAL

A member is entitled to avail himself/herself of the following outpatient dental services only during regular clinic hours of his/her designated or preferred dental clinic, to wit:

1. Any number of consultations and dental examinations
2. Annual oral prophylaxis
3. Unlimited simple tooth extractions except surgery for impaction or extraction of impacted tooth and complicated extractions involving the use of other dental instruments aside from the pliers and/or the re-administration of anesthesia
4. Treatment of lesions, wounds burns and gum or dental problems requiring dental management except surgeries and the cost of prescribed medicines
5. Unlimited temporary fillings
6. Re-cementation of fixed bridges, jacket crowns, inlays and onlays (limited to 2-4 abutments)
7. Dental education and counseling during consultations
8. Simple adjustment of dentures (limited to adjustment of clasp)
9. Two (2) permanent amalgam fillings (surfaces)

#### **Dental Availment Procedures:**

Availment of dental services is subject to all the rules and regulations of the accredited dental clinic, including dental clinic schedules and the prevailing dental practice guidelines.



#### **Step 1**

Member must strictly use his/her preferred dental clinic

**NOTE:** Member must call the Dental Clinic first for an appointment.

#### **Step 2**

Present membership card to the clinic secretary

**NOTE:** In case the secretary is not around, the member can present his/her card directly to the dentist.

#### **Step 3**

Member is examined, diagnosed and treated by the dentist

**NOTE:** Use of X-ray or other modalities for the purpose of Diagnostic or Treatment is excluded in the program. Additional charges incurred by the member not covered under the plan shall be directly settled with the clinic, especially when the availment is by reason of an emergency or confinement.

**NOTE:** Each member must indicate in the application for coverage his designated or preferred dental clinic. If he fails to do so, his membership card shall indicate a “No Preferred Dental” label and any availment shall be facilitated by I-Care only upon written notice from the member indicating his designated or preferred dentists/dental clinic in the entire contract year. To facilitate future availments, the member must return the membership card to I-Care to reflect the necessary changes.

No change of preferred/designated dentist/dental clinic shall be allowed after 30 days from the effective date of the Agreement to which this benefit is attached.

## Dental Benefits Availment Procedures

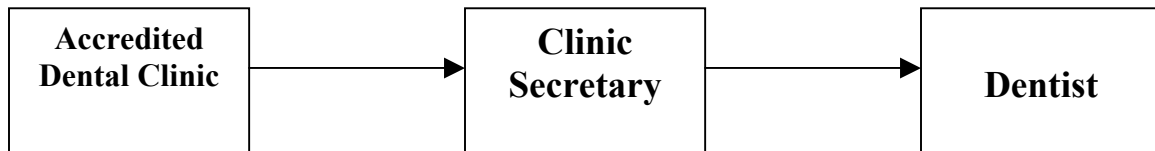
### Open door dental through FDHA

A member is entitled to avail himself/herself of the following outpatient dental services in any accredited dental clinics of *Filipino Doctors Health Alliance*, to wit:

1. Any number of consultations and dental examinations
2. Annual oral prophylaxis
3. Unlimited simple tooth extractions except surgery for impaction or extraction of impacted tooth and complicated extractions involving the use of other dental instruments aside from the pliers and/or the re-administration of anesthesia
4. Treatment of lesions, wounds burns and gum or dental problems requiring dental management except surgeries and the cost of prescribed medicines
5. Unlimited temporary fillings
6. Re-cementation of fixed bridges, jacket crowns, inlays and onlays (limited to 2-4 abutments)
7. Dental education and counseling during consultations
8. Simple adjustment of dentures (limited to adjustment of clasp)
9. Two (2) permanent amalgam fillings (surfaces)

#### **Dental Availment Procedures:**

Availment of dental services is subject to all the rules and regulations of the accredited dental clinic, including dental clinic schedules and the prevailing dental practice guidelines.



#### **Step 1**

Member must avail of services of an accredited dental clinic of Filipino Doctors Health Alliance

**NOTE:** Member must call the Dental Clinic first for an appointment.

#### **Step 2**

Present membership card to the clinic secretary

**NOTE:** In case the secretary is not around, the member can present his/her card directly to the dentist.

#### **Step 3**

Member is examined, diagnosed and treated by the dentist

**NOTE:** Use of X-ray or other modalities for the purpose of Diagnostic or Treatment is excluded in the program. Additional charges incurred by the member not covered under the plan shall be directly settled with the clinic, especially when the availment is by reason of an emergency or confinement.

**For assistance and inquiries you may reach us through our Hotline Numbers**

(0917) 5376743    (0917) 8861167  
(0917) 5376747    (0917) 8862291  
(0917) 8861160    (0917) 8861172